## **SECTION A: SEAT BELTS**

1. How often do you use seat be	elts when you drive or ride a car?
Would you say:	Always
Do not read these responses	Don't know/Not sure 7 Never drive/ride in a car 8 Refused
SECTION B: HYPERTENSIC	<u>ON</u>
These next questions are about	hypertension or high blood pressure.
high blood pressure?	a doctor, nurse, or other health professional that you have
Skip to Section C ←	Yes, by doctor
	Don't know/Not sure 7 Refused9
have you been told this only on M	than one occasion that your blood pressure was high, or nce?  More than once
Y	rescribed for your high blood pressure? Yes1
Go to Q.6, < D	No

5. Are you currently taking medicine for your high blood pressure?
(PROBE FOR "ALL OR MOST OF THE TIME" OR "ONLY OCCASIONALLY," IF NECESSARY. IF ANSWER IS "YES," USE "YES, ALL OR MOST OF THE TIME.")  Yes, all or most of the time1 Yes, occasionally
6. As far as you know, is your blood pressure presently normal – or under control – or is it still high?
(NOTE: NORMAL OR UNDER CONTROL INCLUDES "RETURNED TO NORMAL" AND "NO LONGER HAVE HIGH BLOOD PRESSURE.")
Normal       1         Under control       2         Still high       3         Don't know/Not sure       7         Refused       9
SECTION C: EXERCISE
The next few questions are about exercise, recreation, or physical activities other than your regular job duties.
7. During the past month, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?
Yes(Go to Q.10)
8. What type of physical activity or exercise did you spend the most time doing during the past month?
OFFICE ONLY See coding list AActivity  Activity

See coding List B if answer not in miles and tenths	Miles and Tenths
10.How many times per we past month?	ek or per month did you take part in this activity during the
	Times per week1 Or
	Times per month2
	Don't know/Not sure777 Refused999
11.And when you took part usually keep at it?	in this activity for how many minutes or hours did you
	Hours & Minutes: Don't know/Not sure
12. Was there another physic month?	cal activity or exercise that you participated in during the last
(Go to Section D)←	Yes
13. What other type of physimonth?	ical activity gave you the next most exercise during the past
OFFICE ONLY See coding list AActiv	Activity
	Don't know/Not Sure77 (Go to Section D) Refused99

9. How far do you usually walk/run/jog/swim?

Ask question 14 only if answer to Q13 is running, jogging, walking or swimming. All others go to Q15

14. How far do you usually walk, jog, run or swim?

See coding List B if answer not in miles and tenths

Miles and Tenths	
Don't Know/Not Sure	777
Refused	999

15. How many times per week or per month did you take part in this activity?

Times per week	.1
OR	
Times per month	.2
Don't know/Not sure	.777
Refused	.999

16. And when you took part in this activity for how many minutes or hours did you usually keep at it?

Hours & Minutes	:
Don't know/Not sure	.777
Refused	.999

## SECTION D : WEIGHT CONTROL PRACTICES

Now I would like to ask you about some of the things you may be currently doing to try to lose weight, or keep from gaining weight.

17. Are you now trying to lose weight?

		Yes	1
(Go to Q.21)	<b>←</b>	No	2
(Go to Q.28)	<b>←</b>	No, trying to gain weight	3
(Go to Q.21)	•	Don't know/Not sure	9

18. About how long ago did you begin your current to attempt to lose weight?

Days	1
Weeks	
Months	
Years	4
Always trying to lose weight	$5\overline{5}\overline{5}$
Don't know/Not sure	777
Refused	999

19. About how much did you weigh when you began your current attempt to lose weight?

Weight	(POUNDS)
Don't know/Not sure	7 7 7
Refused	999

20. How much would you like to weigh?

21. Are you now trying to maintain your current weight that is to keep from gaining weight?

22. Are you eating fewer calories to lose weight, or to keep from gaining weight?

23. Some people count calories. If you are counting calories, about how many calories are you eating per day?

(Interviewer: If the respondent gives a number of 10000 or more then enter 9997)

24. About how long have you been eating this many calories per day?		
	Days.       1         Weeks.       2         Months.       3         Years.       4         Don't know/Not Sure.       7 7 7         Refused.       9 9 9	
25.Are you weight?	ou using physical activity or exercise to lose weight or to keep from	m gaining
	Yes(Go to Q.10)	
26.Are you weight?	ou now doing any of the following to lose weight or to keep from	_
	Yes No Dk/Ns F Taking diet pills to decrease your appetite 1 2 7	9
	Taking special products such as canned or powdered supplements	9
	Fasting for 24 hours or longer as part of your diet	9
	Participating in an organized weight control program (such as Weight Watchers, TOPS or Nutri-systems)	9
	Causing yourself to vomit after you eat?1 2 7	9
27. Have you been ever advised by a doctor or other health professional to reduce your weight?		
(Interview	wer: Probe for doctor, nurse or other health professional)	
	Yes by a doctor	

28.Do you now consider yourself to be overweight, underweight or about average?		
Section E: Tobacco Use	Overweight	
29. Have you smoked at leas	st hundred cigarettes in your life?	
. ,	Yes	
30.Do you smoke cigarettes	now?	
	Yes	
31.On an average how many	y cigarettes a day do you smoke now?	
(1pack=20 cigarettes)	Number of cigarettes Don't smoke regularly88 Refused99	
32.Have you stopped smoki	ing for a year or more sometime during the past year?	
	Yes       1         No       2         Refused       9	
Section F: Alcohol Consur	mption_	
such as vodka,gin,rum or w meals, special occasions or	re about the use of beer, wine ,wine coolers,cocktails or liquor whiskey-all kinds of alcoholic beverages that people drink at when just relaxing.  vine or liquor during the past month that is, since	
?		
	Yes	

34. During the past month, l beer?	now many days per week or per month did you drink any
beet!	Days per week 1
	Or Days per month2
	Don't know /Not sure (Go to Q.36). 7 7 7
	Refused(Go to Q.36)
	e of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1. On the days when you drank beer how many drinks did you
	Number of drinks
	Don't know/Not sure
	Refused99
	alcoholic beverages, that is beer, wine, wine coolers, cocktails nany times during the past month did you have 5 or more
	Number of times
	None
	Don't Know/Not Sure
37.And during the past mortoo much to drink?	nth, how many times have driven when you've had perhaps
	Number of times
	None
	Don't Know/Not Sure 77
	Refused99
Section G: Preventive Hea	alth Practices
Some people visit a doctor and have not been sick.	for a routine checkup, even though they are not feeling well
38. About how long has it b	een since you last visited a doctor for a routine checkup?
Was it: Please read	Within the past year (0 to 12 months)1 Within the past 2 years(13-24 months)2 Within the past 5 years(25-60 months)3 More than five years ago(61+months)4

	Don't know/Not sure(Go to Q.40)7
	Never(Go to Q.408
	Refused(Go to Q.40)9
39. What type of doctor	did you see for your last routine checkup?
Was it: Please Read:	
	Family or General Practitioner1
	Internist2
	Specialist such as heart, lung, or
	stomach specialist3
	Other4
(Ask for women	• /
(D + D + D)	Obstetrician/Gynecologist5
(Do not Read)	Don't know/Not sure
	Refused9
These next questions are	e about blood cholesterol, which is a fatty substance in the blood
40.Have you ever had y	our blood cholesterol checked?
	Yes1
	No (Go to Q 47)2
	Don't know/Not sure (Go to Q.47)7
	Refused(Go toQ.47)9
41.About how long has	it been since you last had your blood cholesterol checked?
Was it: Please read	
	Within the past year (0 to 12 months)1
	Within the past 2 years(13-24 months)2
	Within the past 5 years(25-60 months)3
	More than five years ago(61+months)4
	Don't know/Not sure7
	Never8
	Refused9
42.Have you ever been	told your blood cholesterol level, in numbers?
	Yes1
	No(Go to Q.44)2
	Don't know/Not sure(Go to Q.44)7
	Refused(Go to Q.44)9

43. What is your blood choles	sterol level?
	Record the number
	Don't know/Not sure.         777           Refused.         999
44. Have you ever been told be cholesterol is high?	by a doctor or other health professional that your blood
	Yes.       1         No.       2         Don't know/Not sure.       7         Refused.       9
45.Are you now under the adfat level?	lvice of a doctor to reduce your blood cholesterol or blood
(Go to Q.47)	Yes       1         No       2         Don't know/Not sure       7         Refused       9
46.Did the doctor: 46a prescribe a	medication to lower your blood cholesterol?
	Yes1
	No2
	Don't know/Not sure
46b provide you	with a low fat or low cholesterol diet?
46c refer you to or cholesterol in your diet	Yes
	Yes       1         No       2         Don't know/Not sure       7         Refused       9

47.Next I would like to ask y you have been told by a doct	you about diabetes, sometimes called sugar diabetes. Have for that you have diabetes?
	Yes       1         No       2         Don't know/Not sure       7         Refused       9
Section H: Demographics	
And finally, these last few qu	uestions ask for a little more information about yourself.
48. How old were you on yo	ur last birthday?
	Code age in years Do not remember/Not sure07 Refused09
49. What is your race?	
	White
50.Are you of Hispanic origi or Cuban?	in such as Mexican, American, Latin American, Puerto Rican
	Yes       1         No       2         Don't know /Not sure       7         Refused       9
51. What is the highest grade (Read only if necessary)	or year of school you completed?
	Eighth grade or less

	Some technical school4
	Technical school graduate5
	Some college6
	College Graduate
	Post Grad or Professional Degree8
	Refused9
52.Are you currently:	
	Employed for wages1
	Self Employed
	Out of work for more than one year
	Out of work for less than one year4
	Homemaker5
	Student6
	Retired
	Refused9
53.And are you	
•	
	Married1
	Divorced
	Widowed3
	Separated4
	Never been married5
	Member of an unmarried couple6
	Refused9
54. Which of the following ca all sources?	ategories best describe your annual household income from
	Less than \$10 0001
	\$10 to \$15 000
	\$15 to \$20 000
	\$ 20 to \$25 000
	\$25 to \$35 000
	\$35 to \$50 000
	Over \$500008
	Don't Know/Not Sure
	Refused 9
	Refused9
55. About how much do you v	weigh without shoes?
	Weight(Pounds)
	Don't know /Not sure777
	Refused999
	1010000

56. About how tall are you wit	
	HeightFt inches
	Don't know /Not sure
57.INTERVIEWER: INDICA (Ask if	TE SEX OF RESPONDENT (necessary)
	1
These next questions are about for cancer.	at mammograms, which are x-ray tests of the breast to look
58.Have you ever heard of a n	nammogram?
	Yes       1         No(Go to Q.60.b)       2         Don't know/Not sure(Go to Q.63)       7         Refused(Go to Q.63)       9
59. About how long has it been	n since you had your last mammogram?
Was it: Please read Go to Q.61	Within the past year (0 to 12 months)1 Within the past 2 years (13-24 months)2 Within the past 5 years (25-60 months)3 More than five years ago (61+months)4 Don't know/Not sure
60a. What is the most importa	ant reason you did not have a mammogram in the last year?
(Do not read list. Record only	one answer)
Not needed/Not necessary Never heard of mammogram. Cost No insurance to pay for it Other	Doc never said it was needed

60.b What is the most impo	ortant reason that you never had a mammogram?
(Do not read list. Record or	aly one answer)
Not needed/Not necessary. Never heard of mammograr Cost No insurance to pay for it Other Don't know/Not sure	or/Doc never said it was needed
-	ram done as part of a routine checkup, because of a breast e already had a breast cancer?
	Routine checkup1Breast problem2Had breast cancer3Don't know/Not sure7Refused9
doctor's idea, or someone e	ou to have this last mammogram-was it your idea, your else's idea? tial. Record only one response)
	Respondent's idea1Doctor's idea2Someone else's idea3Don't know/Not sure7Refused9
Interviewer: Ask this questi below	ion only to females between 18 and 45 otherwise Go to Q.65
63.To your knowledge, are	you now pregnant?
(Go to module 1)	Yes       1         No.       2         Don't know/Not sure       7         Refused       9

64.During what month is yo Code Month	our baby due?
(Jan 01Dec12)	Code month.  Don't know /Not sure.  Refused.  9 9
65.How many telephone nutoday?	mbers will reach this household including the number I used
(Differentiate between teleptelephone numbers that can	shone numbers and telephone sets if necessary. Include all reach this household)
	Total Telephone Numbers
Module 1: County of Resid	<u>dence</u>
1. What county do you live i	County code Don't know/Not sure7 7 7 Refused
Module 3: Cervical Cance	er Screening
Please note: Ask all females	s, otherwise go to next module
These next questions are ab-	out certain kinds of medical tests and examinations.
1. Have you ever heard of a	Pap smear test?
(Go to next module)◀──	Yes       1         No       2         Don't know/Not sure       7         Refused       9
2.Have you ever had a PAP	smear test?
(Go to next module)  ✓	Yes       1         No       2         Don't know/Not sure       7         Refused       9

3. When did you have your la Was it: Please read	sst Pap smear?			
	Within the past year (0 to 12 months)1 Within the past 2 years (13-24 months)2 Within the past 5 years (25-60 months)3 More than five years ago (61+months)4 Don't know/Not sure (Go to Q.40)7 Never (Go to Q.40)8 Refused (Go to Q.40)9			
4.Have you had a hysterector	my?			
	Yes.       1         No.       2         Don't know/Not Sure.       7         Refused.       9			
1.Do you believe children are	e infected with AIDS virus should be kept out of school?			
	Yes       1         No       2         Don't know/Not Sure       7         Refused       9			
2.Can a person become infect drinking from the same glass	ted with the AIDS virus by working with AIDS virus by as an infected co-worker?			
	Yes       1         No       2         Don't know/Not Sure       7         Refused       9			
3. Can a person become infected with the AIDS virus by working with AIDS virus by working from the same glass as an infected co-worker?				
	Yes       1         No       2         Don't know/Not Sure       7         Refused       9			
4.Can a person become infected with the AIDS virus by donating blood?				
	Yes.       1         No.       2         Don't know/Not Sure.       7         Refused.       9			

• • •	are infected with the AIDS virus should be banned from the casual contact with other people?
	Yes       1         No       2         Don't know/Not Sure       7         Refused       9
6. Would you say that a perso AIDS virus?	on who looks and feels perfectly healthy can be infected with
	Yes       1         No       2         Don't know/Not Sure       7         Refused       9
7.Do you think there are tests	s to detect infection with the AIDS virus?
	Yes       1         No       2         Don't know/Not Sure       7         Refused       9
8.Do you think the AIDS viriduring sex?	us can be passed on from an infected woman to a man
	Yes       1         No       2         Don't know/Not Sure       7         Refused       9
	chances of becoming infected with the AIDS virus by son not infected with AIDS virus?
	Yes       1         No       2         Don't know/Not Sure       7         Refused       9
10.Can a person lower his/he having sex with a person who	er chances of becoming infected with AIDS virus by not o injects illegal drugs?
	Yes1

	No				
	Don't know/Not Sure				
	Refused		9		
CHRONIC DISEASE PROFI	CHRONIC DISEASE PROFILE				
The next questions are about of	conditions a doctor may have to	old you			
Do you have:		Yes	No		
Hardening of the arteries or an	rteriosclerosis	1	2		
Coronary heart diseases		1	2		
Stoke or cerebrovascular disea	ases	1	2		
Angina Pectoris		1	2		
Myocardial Infraction		1	2		
OCCUPATION AND INDUSTRY:					
What is your usual occupation, that the job you have worked for the most of your life?					
Specify	Code				
What type of industry does this job involve?					
Specify	Code				